Entheo Med
Integrated Wellness Centre

#2-1131 Lawson Ave • Kelowna, BC • info@entheomed.ca
www.entheomed.ca • Tel: (236) 420-6854 • Fax: (778) 699-4514

Referral Form
Odyssey Method of **Ketamine-Assisted Therapy**

Odyssey is an innovative and holistic method of Ketamine-assisted therapy for mental health.

To treat common conditions like anxiety, depression, burnout, adjustment disorder with anxious/depressed mood, PTSD and OCD, Odyssey combines:

A) The unique, neuroplasticity boosting, perspective-shifting, therapeutic capabilities of ketamine - a proven safe medication with few side effects compared to other psychiatric medications. Ketamine can catalyze shifts in negative thinking patterns, re-connections with positive memories, enhance cognitive and cognitive flexibility, and regulate difficult emotions.

B) A well-rounded support program that includes a foundation of knowledge on KAT prior to beginning treatment, with both preparation and integration counselling

C) Guidance on restorative mind + body practices to support the shifts catalyzed by ketamine for improved mental and emotional health that lasts.

Odyssey's holistic approach to mental health addresses the symptoms of anxiety, depression and PTSD as thought and behaviour patterns that our brains have developed as a response to traumas like childhood emotional neglect, inconsistent caregivers, exposure to violence or tragedy, accidents and chronic stress - among many other examples.

By utilizing the perspective-shifting therapeutic capabilities of ketamine with supportive psychotherapy and restorative integration practices, Odyssey provides immediate and effective relief from symptoms and supports lasting healing gained from greater self-compassion, emotional growth and the creation of new neural connections. Odyssey's ketamine is administered by medical professionals in a safe, controlled clinic setting designed to optimize the experience, after the patient's mindset is suitably prepared with preparation counselling.

Our clinical team will determine if Odyssey is a safe treatment option for your patient. We reserve the right to refuse treatment to anyone we deem ineligible due to medical or mental health reasons, which we will communicate. If you have any questions, please don't hesitate to reach out.

Please note that Odyssey is a private pay service and is not currently covered by MSP. Fax completed referral form, list of medications and consultation documents to EntheoMed 778-699-4514.

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PATIENT'S INFORMATION	
Last Name (Legal):	First Name (Legal):
Personal Health Number:	DOB (DD-MM-YYYY):
Gender:	Preferred location for Odyssey: ☐ Kelowna (EntheoMed) ☐ Vancouver ☐ Calgary ☐ Canmore
Address:	
Primary Phone #:	Secondary Phone #:
Email:	

CLINICAL INFORMATION

Please fax a list of all current medications and consultation reports with this referral to 778-699-4514. Once all documentation is received and reviewed, a consultation appointment will be scheduled.

Select Indications below*	Select Absolute Contraindications below*
☐ Depression(TRD)	☐ Allergy to Ketamine
☐ Generalized Anxiety Disorder(GAD)	☐ History of Psychosis
☐ Adjustment Disorder with Depressed Mood	☐ Active Substance Abuse
☐ Adjustment Disorder with Anxious Mood	☐ Pregnancy
☐ Post-Traumatic Stress Disorder (PTSD)	☐ Recent Traumatic Brain Injury
☐ Major Depressive Disorder (MDD)	
☐ Obsessive Compulsive Disorder (OCD)	* Check all that apply.

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Relative Contraindications*	
☐ Moderate to Severe Obstructive Sleep Apnea ☐ Uncontrolled Hypertension ☐ Respiratory Issues ☐ Personality Disorders ☐ Very Acute Suicidal Ideation Significant Past Substance Abuse ☐ High ICP – brain tumour, hydrocephalus	☐ Unstable/poorly controlled cardiac disease ☐ Morbid obesity ☐ Dementing disorder (Alzheimer's) ☐ Severe liver or kidney disorder ☐ Glaucoma ☐ Uncontrolled seizure disorder * Check all that apply.

Reason for referral:		
Other specialists involved in care:		
Relevant past (Medical History):		
Height (cm):	Weight (kg):	
Blood Pressure:	HR:	BMI:

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REFERRING DOCTOR INFORMATION:	
Clinic:	Date:
First & Last Name:	MSP #:
Address:	
Phone Number:	Fax Number:
Doctor's Signature:	

Ketamine-assisted Therapy is not currently covered by MSP.

It may be covered by a private insurance provider, but the patient must pay up front and then seek their own reimbursement.

Acceptance into the program is done on a case by case basis and may require the presence of additional outside support.

**PLEASE ATTACH ALL PERTINENT INFORMATION (reports, consultation notes, etc.) A consultation appointment will be scheduled once ALL the requested documentation is received and reviewed.

Please fax this completed referral form, list of medications and consultation documents to 778-699-4514.

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Frequently Asked Questions:

What's included and how much does this treatment cost?

As research has shown, multiple Ketamine doses may confer cumulative benefits. To allow for greater flexibility, we have recently modified our treatment model.

All first-time clients begin with an **Odyssey Intake** ($400) to ensure safety, which includes:

- Mental Health Consult with our intake nurse to understand each unique case, goals for treatment, learn history and determine if Odyssey is the right fit.
- Physician Consult to review medical history and medications to ensure ketamine is medically safe to administer, as well as determine the best treatment path (IM or Sublingual)
- Education on the benefits and differences between each delivery method
- A personalized care plan based on your goals, history, and clinical suitability
- After the intake, clients are invoiced for the treatment plan recommended by the care team.

Odyssey Treatment Options for 1st Time Clients

Odyssey Therapeutic Experience - Intramuscular (IM) treatment

- **Full IM Experience with Counselling – $1,400**
  - Preparation counselling
  - In-clinic IM ketamine experience with medical supervision
  - Integration counselling
  - Lifetime access to Odyssey Online

Additional Treatment Options for Follow-Up Clients

Odyssey Therapeutic Experience with Integration Counselling	$1200
Odyssey Therapeutic Experience without Integration Counselling	$950
Sublingual Therapeutic Experience	$400
Additional Psychedelic Specific Counselling	$225