Entheo Med
Integrated Wellness Centre

#2-1131 Lawson Ave • Kelowna, BC • info@entheomed.ca
www.entheomed.ca • Tel: (236) 420-6854 • Fax: (778) 699-4514

Referral Form
Odyssey Method of **Ketamine-Assisted Therapy**

Information for Referring Clinicians:

The Odyssey Program with Advanced Injection Therapy at EntheoMed is a physician-led program for mental health that combines in-clinic treatment with counselling before and after each session. We accept referrals from physicians, psychiatrists and nurse practitioners.

What the Program Involves:

- Mental Health Consult and Physical Assessment: Physician reviews the patient's history, current medications and any contraindications, and confirms whether the program is appropriate.
- Preparation Counselling: one-on-one sessions with a registered counsellor before treatment begins.
- In-clinic Treatment Sessions: given by intramuscular injection by medical staff, with the patient monitored throughout in a clinical setting.
- Integration Counselling: follow-up sessions after each treatment.
- Mind–body Practices: guidance on breathwork, mindfulness and movement to support the counselling work.

Medication Treatment sessions use ketamine (DIN 02246796), a dissociative anesthetic, given by intramuscular injection by medical staff. Its use in this program is off-label. The EntheoMed physician will review contraindications, current medications and informed consent with the patient before treatment.

Eligibility Our clinical team assesses each referral individually. Some medical or mental health conditions mean the program may not be appropriate. We'll tell you and your patient the outcome, and contact you if we need more information.

Please note that Odyssey is a private pay service and is not currently covered by MSP. Fax completed referral form, list of medications and consultation documents to EntheoMed 778-699-4514.

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PATIENT'S INFORMATION	
Last Name (Legal):	First Name (Legal):
Personal Health Number:	DOB (DD-MM-YYYY):
Gender:	Preferred location for Odyssey: ☐ Kelowna (EntheoMed) ☐ Vancouver ☐ Calgary ☐ Canmore
Address:	
Primary Phone #:	Secondary Phone #:
Email:	

CLINICAL INFORMATION

Please fax a list of all current medications and consultation reports with this referral to 778-699-4514.
Once all documentation is received and reviewed, a consultation appointment will be scheduled.

Select Indications below*	Select Absolute Contraindications below*
☐ Depression(TRD)	☐ Allergy to Ketamine
☐ Generalized Anxiety Disorder(GAD)	☐ History of Psychosis
☐ Adjustment Disorder with Depressed Mood	☐ Active Substance Abuse
☐ Adjustment Disorder with Anxious Mood	☐ Pregnancy
☐ Post-Traumatic Stress Disorder (PTSD)	☐ Recent Traumatic Brain Injury
☐ Major Depressive Disorder (MDD)	
☐ Obsessive Compulsive Disorder (OCD)	* Check all that apply.

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Relative Contraindications*	
☐ Moderate to Severe Obstructive Sleep Apnea ☐ Uncontrolled Hypertension ☐ Respiratory Issues ☐ Personality Disorders ☐ Very Acute Suicidal Ideation Significant Past Substance Abuse ☐ High ICP – brain tumour, hydrocephalus	☐ Unstable/poorly controlled cardiac disease ☐ Morbid obesity ☐ Dementing disorder (Alzheimer's) ☐ Severe liver or kidney disorder ☐ Glaucoma ☐ Uncontrolled seizure disorder * Check all that apply.

Reason for referral:		
Other specialists involved in care:		
Relevant past (Medical History):		
Height (cm):	Weight (kg):	
Blood Pressure:	HR:	BMI:

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REFERRING DOCTOR INFORMATION:	
Clinic:	Date:
First & Last Name:	MSP #:
Address:	
Phone Number:	Fax Number:
Doctor's Signature:	

Ketamine-assisted Therapy is not currently covered by MSP.

It may be covered by a private insurance provider, but the patient must pay up front and then seek their own reimbursement.

Acceptance into the program is done on a case by case basis and may require the presence of additional outside support.

**PLEASE ATTACH ALL PERTINENT INFORMATION (reports, consultation notes, etc.) A consultation appointment will be scheduled once ALL the requested documentation is received and reviewed.

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Frequently Asked Questions:

What's included and how much does this treatment cost?

As research has shown, multiple Ketamine doses may confer cumulative benefits. To allow for greater flexibility, we have recently modified our treatment model.

All first-time clients begin with an **Odyssey Intake** ($400) to ensure safety, which includes:

- Mental Health Consult with our intake nurse to understand each unique case, goals for treatment, learn history and determine if Odyssey is the right fit.
- Physician Consult to review medical history and medications to ensure ketamine is medically safe to administer
- A personalized care plan based on your goals, history, and clinical suitability
- Afterward, clients are invoiced for the treatment plan recommended by the team.

Odyssey Treatment Options for 1st Time Clients

We recommend starting with two sessions before your first reassessment. A single session can be meaningful on its own, however, two give us a much clearer sense of how you're responding. The first two sessions work together as a pair. After your second session, we'll check in together and decide on the next step.

- **Odyssey Therapeutic Experiences with Intramuscular Delivery – $2,800**
  - x2 Therapeutic Ketamine Experiences with medical supervision each with preparation and integration counselling
  - Ongoing support via Odyssey Online
  - Lifetime access to Odyssey Online

Additional Treatment Options for Follow-Up Clients

Odyssey Therapeutic Experience with Preparation & Integration Counselling	$1400
Odyssey Therapeutic Experience with Integration Counselling	$1200
Odyssey Therapeutic Experience without Counselling	$950
Sublingual Therapeutic Experience	$400
Additional Psychedelic Specific Counselling	$225